

# SABER®-Bupivacaine Reduces Postoperative Pain and Opioid Consumption Following Arthroscopic Subacromial Decompression

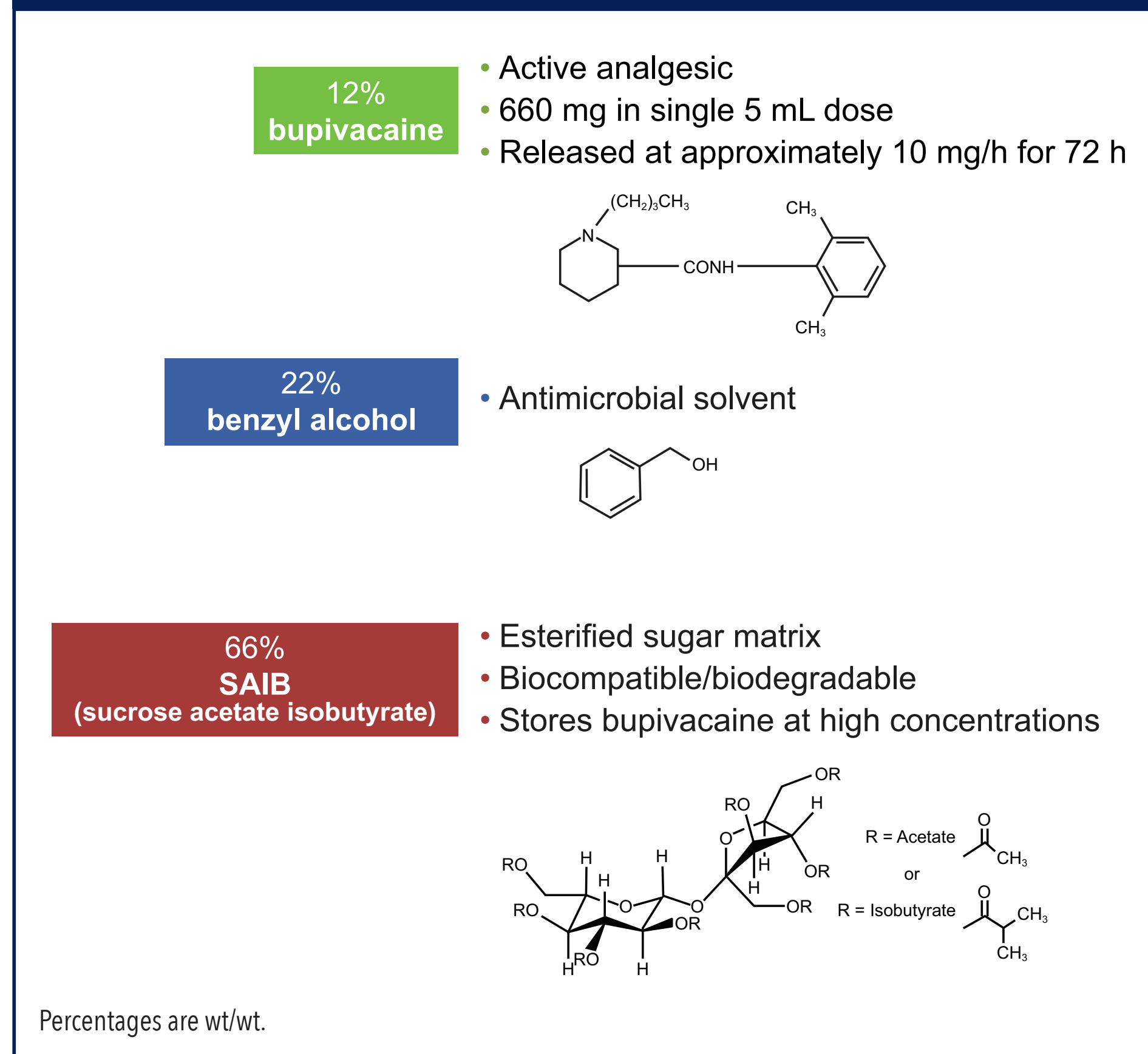
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## INTRODUCTION

- The role of local anesthetics in postoperative analgesia is limited by their relatively short durations of action<sup>1,5</sup>
- Sucrose acetate isobutyrate extended-release bupivacaine (SABER-Bupivacaine)** is:
  - An investigational long-acting analgesic formulation containing bupivacaine 660 mg (13.2% wt/vol) in a single 5 mL dose (**Figure 1**)
  - Designed to release bupivacaine continuously to the surgical site for 3 days after local instillation
- The objective of this study was to determine the efficacy and safety of treatment with SABER-Bupivacaine in reducing pain and opioid consumption following arthroscopic subacromial decompression

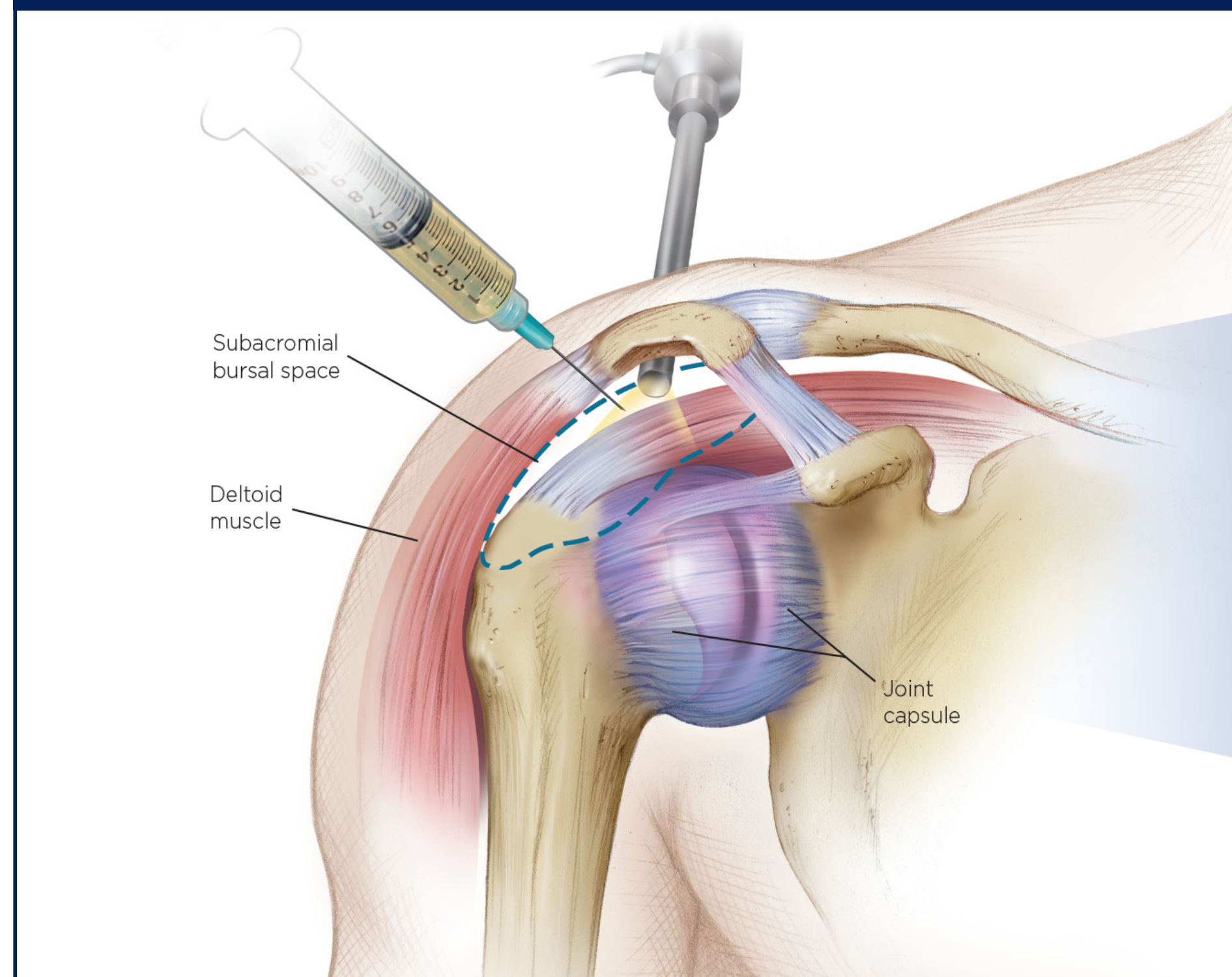
**Figure 1. SABER-Bupivacaine**



## METHODS

- This randomized, double-blind, placebo- and active-controlled trial was conducted at 9 sites in Austria, Denmark, Germany, Latvia, and Sweden
- Patients aged ≥18 years with MRI-confirmed intact rotator cuffs undergoing arthroscopic subacromial decompression under general anesthesia were randomized 2:1:1 to one of the following:
  - SABER-Bupivacaine 5 mL
  - Bupivacaine hydrochloride (HCl) 0.25% 20 mL
  - SABER-placebo 5 mL (SABER formulation without bupivacaine)
- Study drug was percutaneously instilled into the subacromial space under direct arthroscopic visualization at the close of surgery (**Figure 2**)

**Figure 2. Instillation**



- Patients rated pain intensity on movement (90° shoulder flexion) on an 11-point numerical rating scale that ranged from 0 (no pain) to 10 (worst pain imaginable)
- Pain intensity was assessed 6 times on the day of surgery and 4 times per day on the following 7 days
- All patients received paracetamol background treatment (4 g/d for body weight ≥66 kg, 2 g/d for body weight <66 kg) until 72 hours postsurgery
- Morphine (2 mg intravenously [IV] or 10 mg by mouth) was administered on request as rescue medication for breakthrough pain
- Interscalene block was not allowed, so that early postoperative pain assessments could be made and analgesic time of onset assessed
- Key efficacy endpoints included:
  - Pain intensity on movement from 1 to 72 hours after surgery (expressed as time-normalized area under the curve [AUC<sub>1,72</sub>])
  - Cumulative dose of opioid rescue medication (in IV morphine mg equivalents) from 0 to 72 hours after surgery
  - Time to first use of opioid rescue medication

## RESULTS

- All 107 randomized patients received treatment (**Table 1**)

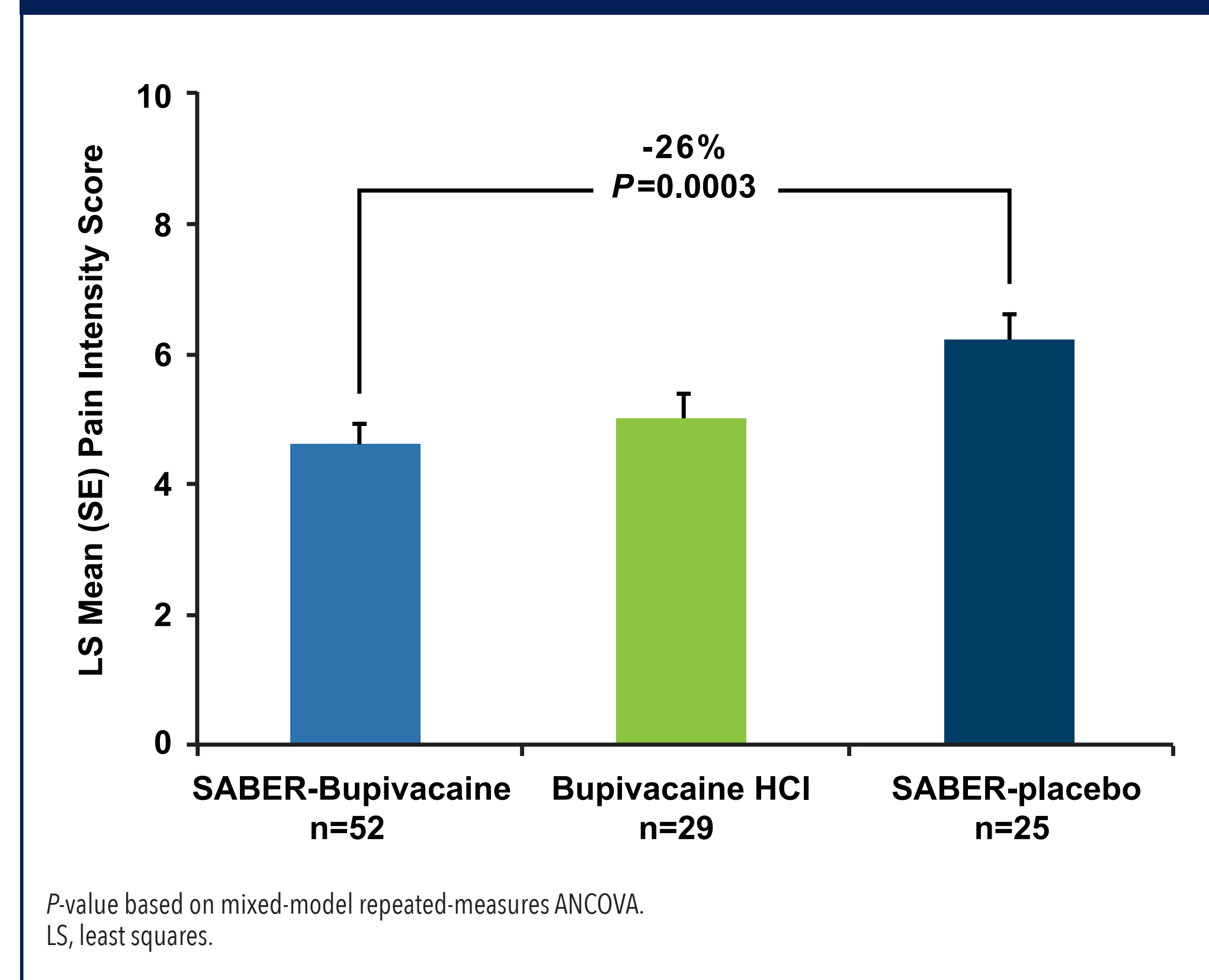
**Table 1. Patient Demographics**

	SABER-Bupivacaine (n=53)	Bupivacaine HCl (n=29)	SABER-Placebo (n=25)	Total (n=107)
Sex, n				
Female/Male	33/20	17/12	14/11	64/43
Age, years				
Mean (range)	50.1 (28-70)	51.6 (21-70)	48.6 (24-63)	50.2 (21-70)
Race, n				
Asian	0	0	1	1
Hispanic	2	0	0	2
White	50	29	24	103
Other	1	0	0	1
Body Mass Index, kg/m <sup>2</sup>				
Mean (range)	26.8 (20.3-35.3)	26.6 (21.5-41.5)	25.8 (19.3-34.5)	25.5 (19.3-41.5)

## EFFICACY ASSESSMENTS

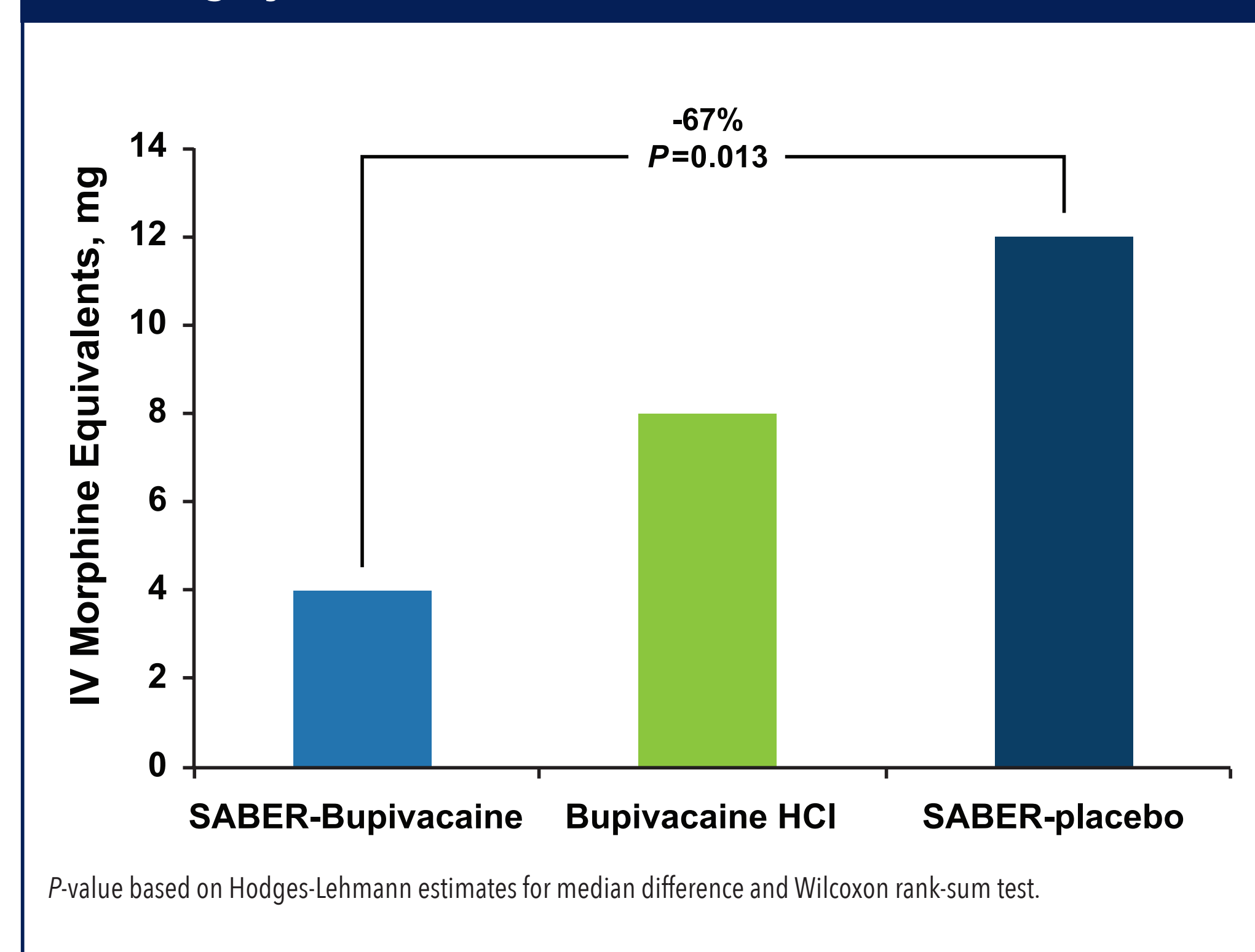
- Mean (SE) pain intensity AUC<sub>1,72</sub> was 5.16 (0.27) for SABER-Bupivacaine, 5.16 (0.44) for bupivacaine HCl, and 6.43 (0.35) for placebo ( $P=0.012$ , SABER-Bupivacaine vs placebo)
- Least squares mean (SE) pain intensity by post hoc mixed-model repeated-measures analysis was 4.6 (0.33) for SABER-Bupivacaine, 5.0 (0.37) for bupivacaine HCl, and 6.2 (0.42) for placebo ( $P=0.0003$ , SABER-Bupivacaine vs placebo) (**Figure 3**)

**Figure 3. Mean Pain Intensity on Movement Following Arthroscopic Subacromial Decompression, 1-72 Hours After Surgery**



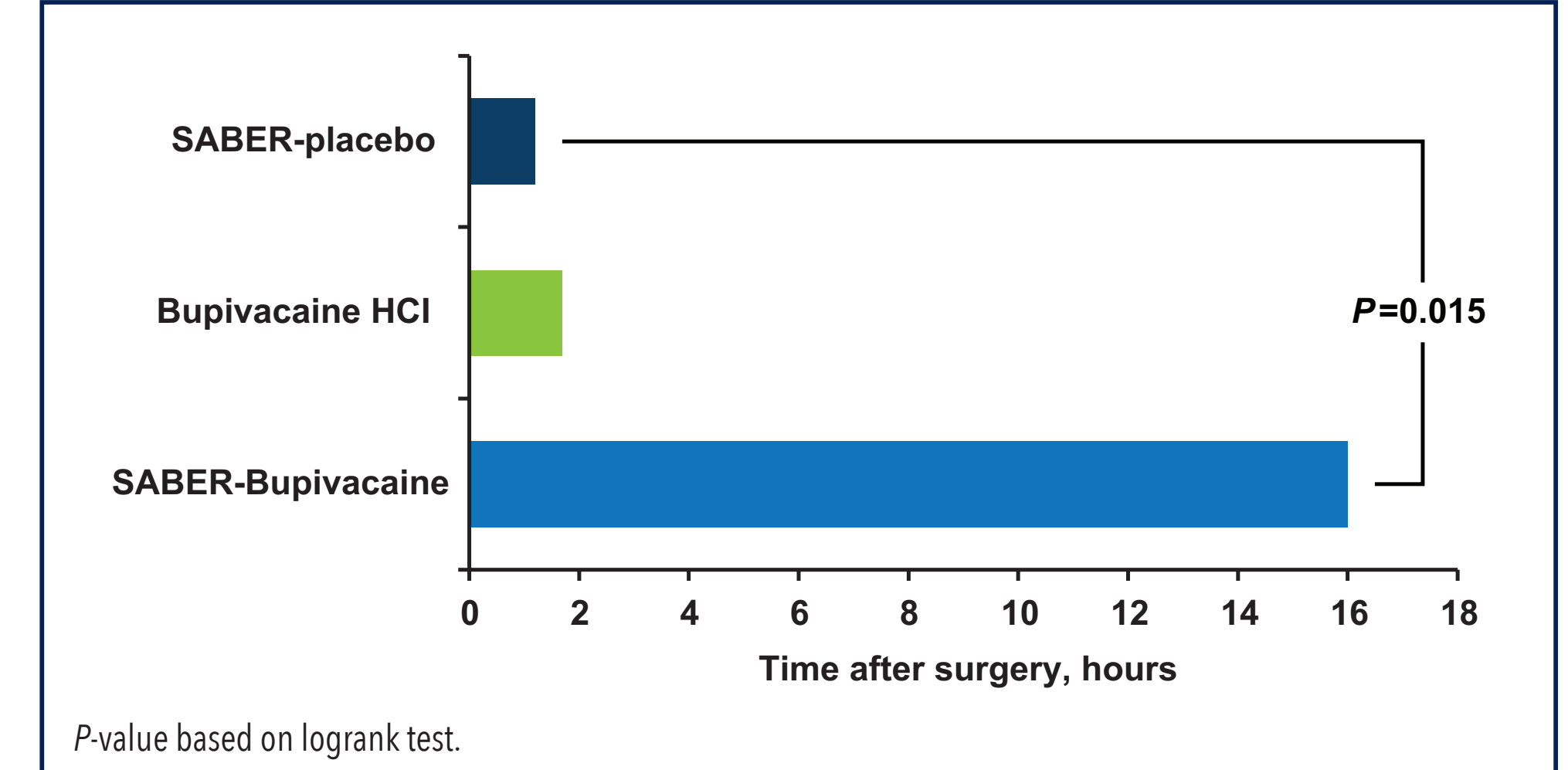
- Median cumulative dose of opioid rescue medication in IV morphine equivalents was 4.0 mg for SABER-Bupivacaine, 8.0 mg for bupivacaine HCl, and 12.0 mg for placebo ( $P=0.013$ , SABER-Bupivacaine vs placebo) (**Figure 4**)

**Figure 4. Median Cumulative Opioid Analgesic Use, 0-72 Hours After Surgery**



- Median time to first use of opioid rescue medication was 16.0 hours for SABER-Bupivacaine, 1.7 hours for bupivacaine HCl, and 1.3 hours for placebo ( $P=0.015$  for SABER-Bupivacaine vs placebo) (**Figure 5**)

**Figure 5. Median Time to First Opioid Rescue Medication Use**



## SAFETY ASSESSMENTS

- The incidence of treatment-emergent adverse events (TEAEs), defined as adverse events with onset after study drug administration, was similar between treatment groups: 30.2% for SABER-Bupivacaine, 37.9% for bupivacaine HCl, and 40.0% for placebo (**Table 2**)
- The majority of TEAEs were mild or moderate in severity
- Vital signs, physical exam, electrocardiography, and wound healing assessments were similar between groups

**Table 2. TEAEs by Primary System Organ Class That Occurred in >3% of Patients Overall**

	SABER-Bupivacaine (n=53)	Bupivacaine HCl (n=29)	SABER-Placebo (n=25)
All TEAEs, n (%)	16 (30.2)	11 (37.9)	10 (40.0)
TEAEs, n			
Nervous system disorders	5	4	2
Headache	3	1	1
Investigations	5	2	2
Alanine aminotransferase increased	1	0	2
Gastrointestinal disorders	2	1	3
Nausea	1	1	3
Cardiac disorders	1	3	2
Musculoskeletal and connective tissue disorders	3	2	1
Musculoskeletal pain	2	2	1
Skin and subcutaneous tissue disorders	2	2	2
Injury and procedural complications	3	0	1
General disorders and administration-site conditions	1	0	2
Respiratory, thoracic, and mediastinal disorders	1	2	0

## CONCLUSIONS

- For patients undergoing arthroscopic subacromial decompression, SABER-Bupivacaine significantly reduced postoperative pain intensity for 72 hours compared with placebo
- SABER-Bupivacaine significantly reduced the use of opioid rescue medication and prolonged the median time to first opioid use compared with placebo
- SABER-Bupivacaine, bupivacaine HCl, and placebo were all well tolerated, with no substantial differences in incidence or severity of TEAEs between groups
- SABER-Bupivacaine, a sustained-release, locally acting analgesic, may be a valuable addition to the postoperative pain management arsenal for routine outpatient shoulder arthroscopy

## REFERENCES

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## DISCLOSURES

A. Ekelund has received royalties from, and is a consultant for, DePuy-Synthes. J. Grohs, A. Peredistijs, and S. Rasmussen have nothing to disclose. D. Ellis and N. Verity are DURECT employees.

## ACKNOWLEDGMENTS

This study was funded by DURECT Corporation (Cupertino, CA). Development, editorial, design, and production support was provided by MedVal Scientific Information Services, LLC (Skillman, NJ) and funded by DURECT Corporation.